



Overview: This project is led by the Order of Malta in Lebanon, located in the Al Fadi Centre in Chabrouh. Each camp runs for one week and the Jersey group will cover two of them. Volunteers provide one-on-one care to underprivileged guests with physical and or mental disabilities, who come from specialised homes and psychiatric hospitals across Lebanon. The guests at the camp are between the ages of 6 to 70 years old and their disabilities range from mild to severe impairments and infirmities. Many of them have no real connection with their families and spend the whole year locked inside their homes or centres. For lack of proper funding, these individuals receive no professional psychological follow-ups and very little affection. The lack of personal relationships often leads to depression, apathy and isolation.

The camps offers the opportunity for these individuals to receive sufficient care and attention. It is a place where these guests can benefit from sunlight, fresh air, outdoor walks, and the beautiful surrounding landscape that the Lebanese mountains have to offer. It is the goal of the camp to foster an environment of acceptance, tolerance, friendship and joy.

Project Details

Location: Al Fadi Centre in Chabrouh, is located 60 km northeast of Beirut, in the Kesrouan Mountain.

Responsibilities: A typical day will start at 7am and end at 8pm. Each volunteer is paired with a guest at the camp and will be responsible for the care of the guest for the duration of the camp (one week), usually there will be more than one volunteer assigned to any one guest, although this isn't guaranteed. Responsibilities of volunteers include health and sanitary care, feeding and entertainment.

- **Health and Sanitary Care:** Please be aware that as a volunteer at the camp you will be expected to help with the personal care of your assigned person, this may be a person of the opposite sex. Responsibilities include brushing teeth, washing, and changing diapers and helping guests use toilet facilities.
- **Feeding:** It will be your responsibility to feed the guests and ensure they remain hydrated during the week.

At the beginning of the camp, you will be fully briefed with sufficient training given to all volunteers who have never had a previous experience in caring for those with disabilities, to teach them necessary sanitary best practices and the proper handling of the guests at the camp. Further support will also be given by "jumpers" when needed, these are a team of volunteers that are not assigned to a particular guest at the camp but are there for the support of other volunteers.

Religion

This camp is led by the Order of Malta, a Roman Catholic organisation. The camp works with people from various religious denominations and non-religious backgrounds and as such it is expected that you will respect the beliefs of those around you and that you engage in the activities led by camp organisers, this includes evening prayers and daily religious services.